

Benelux Open Powerlifting Tournament Equipped
22.11.2025

Place	Sex	Lot	Weightclass	Weight	Coeff	License	Name	Born	Team	Squat			Bench press			Deadlift			Total	Points
1.	F	7	O 63	62.02	0.182161		Spina Céline	1998	Belgium	142.5	150.0	155.0	95.0	100.0	105.0	170.0	177.5	185.0	440	80.15
2.	F	6	O 63	61.81	0.182518		Weydert Emma		Luxembourg	142.5	152.5	160.0	82.5	85.0	87.5	150.0	162.5	172.5	410	74.83
1.	F	5	O 76	70.48	0.170068		Compagnie Kathleen	1980	Belgium	115.0	122.5	130.0	95.0	100.0	105.0	140.0	155.0	165.0	400	68.03
1.	F	12	O 84	83.18	0.157881		Bennaoui Najia		Luxembourg	135.0	145.0	150.0	62.5	67.5	-	145.0	152.5	155.0	365	57.63
1.	F	10	O 84+	103.52	0.146561		Roos Evelyne	1980	Belgium	155.0	165.0	175.0	100.0	107.5	112.5	145.0	162.5	175.0	462.5	67.78
1.	M	11	O 93	92.40	0.108815		Feiereisen Ben		Luxembourg	250.0	262.5	270.0	150.0	155.0	160.0	215.0	225.0	235.0	665	72.36
1.	M	9	O 120	115.14	0.098237		Van Heesvelde Jeroen	1990	Belgium	270.0	300.0	325.0	265.0	275.0	280.0	260.0	290.0	-	865	84.98
1.	M	13	O 120+	122.42	0.095916		Parage Philippe	2001	Luxembourg	320.0	330.0	-	202.5	207.5	212.5	280.0	292.5	302.5	840	80.57
2.	M	8	O 120+	122.96	0.095759		Notschaele Mark		Luxembourg	235.0	245.0	255.0	225.0	230.0	230.0	220.0	230.0	245.0	725	69.43

■ Successful lift
 ■ Failed attempt
 * Record-breaking lift

Results

Women

Open

		Team	kg	
63 kg				
1.	Spina Céline	Belgium	440 kg	80.15 Points
2.	Weydert Emma	Luxembourg	410 kg	74.83 Points
76 kg		Team	kg	
1.	Compagnie Kathleen	Belgium	400 kg	68.03 Points
84 kg		Team	kg	
1.	Bennaoui Najia	Luxembourg	365 kg	57.63 Points
84+ kg		Team	kg	
1.	Roos Evelyne	Belgium	462.5 kg	67.78 Points

Men

Open

		Team	kg	
93 kg				
1.	Feiereisen Ben	Luxembourg	665 kg	72.36 Points
120 kg		Team	kg	
1.	Van Heesvelde Jeroen	Belgium	865 kg	84.98 Points
120+ kg		Team	kg	
1.	Parage Philippe	Luxembourg	840 kg	80.57 Points
2.	Notschaele Mark	Luxembourg	725 kg	69.43 Points

Ranking

Team competition

Team	Points
Male	
1. Luxembourg	222.36
Parage Philippe	80.57
Feiereisen Ben	72.36
Notschaele Mark	69.43
2. Belgium	84.98
Van Heesvelde Jeroen	84.98
Female	
3. Belgium	215.96
Spina Céline	80.15
Compagnie Kathleen	68.03
Roos Evelyne	67.78
4. Luxembourg	132.46
Weydert Emma	74.83
Bennaoui Najia	57.63