

Championnats Nationaux Individuels 2025 Hamm, Luxembourg

09.02.2024

Place	Sex	Lot	Weightclass		Weight	License	Name	Born	Team	Squat			Bench press			Deadlift			Total	Points
1.	M	18	O	74	71.30	18	Kevin Nilles	1998	SC Hamm 1970	172.5	182.5	190.0	100.0	105.0	110.0	225.0	232.5	240.0	535	80.08
1.	M	13	O	83	82.20	13	Tom Dostert	1998	Silverbacks	210.0	225.0	240.0	135.0	142.5	147.5	275.0	300.0	317.5	682.5	94.94
1.	M	20	O	93	89.70	20	Alessio Pizzutilo	1997	SC Hamm 1970	200.0	210.0	215.0	157.5	163.0	170.0	220.0	227.5	232.5	610.5	81.30
1.	M	20	O	105	93.20	21	Gabriel De Almeida	1990	SC Hamm 1970	215.0	225.0	235.0	147.5	152.5	160.0	225.0	235.0	240.0	627.5	82.00
2.	M	15	O	105	94.70	15	Kim Erpelding	2002	Silverbacks	167.5	175.0	180.0	155.0	160.0	165.0	190.0	205.0	210.0	540	70.02
1.	M	22	O	120+	124.50	22	Philippe Parage	2001	SC Hamm 1970	282.5	301.5	-	165.0	170.0	175.0	275.0	296.0	296.0	751.5	85.98
2.	M	23	O	120+	137.20	23	Neiko Damoi	1997	SC Hamm 1970	185.0	200.0	212.5	102.5	112.5	117.5	215.0	222.5	235.0	565	62.09
1.	M	16	M1	83	82.40	16	Jakob Juznic	1980	Silverbacks	80.0	87.5	92.5	70.0	75.0	75.0	95.0	105.0	112.5	270	37.51
1.	F	6	JR	63	58.97	6	Emma Weydert	2004	Silverbacks	105.0	112.5	118.5	60.0	65.0	67.5	135.0	145.0	150.5	336.5	76.99
1.	F	7	O	57	56.28	7	Lara Fischbach	1993	Silverbacks	100.0	105.0	110.0	60.0	65.0	67.5	120.0	125.0	130.0	302.5	71.64
1.	F	1	O	63	61.61	1	Alba Jurado	1993	SC Hamm 1970	120.0	125.0	130.0	75.0	81.0	82.5	160.0	167.5	174.0	381.5	84.69
1.	F	2	O	69	65.39	2	Marina Alexandreas	2000	SC Hamm 1970	97.5	102.5	107.5	57.5	62.5	65.0	107.5	115.0	122.5	295	63.06
1.	F	3	O	76	71.79	3	Margault Sacré	1992	SC Hamm 1970	120.0	130.0	135.0	70.0	75.0	77.5	125.0	132.5	132.5	335	67.94
1.	F	5	O	84+	84.64	5	Najia Bennaoui	1994	SC Hamm 1970	150.0	157.5	165.5	77.5	82.5	85.0	157.5	165.0	170.5	418.5	78.80
2.	F	8	O	84+	87.75	8	Manuela Ewert	1995	Silverbacks	115.0	122.5	132.5	60.0	62.5	65.0	115.0	125.0	140.0	337.5	62.70
3.	F	4	O	84+	84.49	4	Laura Giacomini	1990	SC Hamm 1970	115.0	120.0	125.0	57.5	60.0	62.5	130.0	137.5	140.0	325	61.24
1.	M	10	JR	66	65.10	10	Florian Stronck	2005	Silverbacks	170.0	185.0	185.0	110.0	117.5	120.5	180.0	190.0	200.0	495.5	77.80
1.	M	11	JR	83	80.68	11	Tomas Vicente Santana	2006	Silverbacks	200.0	215.0	222.5	120.0	140.0	147.5	170.0	200.0	220.0	590	82.85
1.	M	17	JR	93	90.92	17	Ben Feiereisen	2004	SC Hamm 1970	180.0	187.5	195.0	102.5	107.5	112.5	210.0	220.0	227.5	535	70.77
1.	M	9	JR	105	104.35	9	Aaron Ferreira	2006	Silverbacks	217.5	230.0	237.5	132.5	142.5	145.0	225.0	245.0	255.0	637.5	78.94
2.	M	12	JR	105	97.55	12	Philippe Gasché	2005	Silverbacks	170.0	-	-	75.0	115.0	125.0	170.0	220.0	242.5	537.5	68.71

■ Record-breaking lift
 ■ Successful lift
 ■ Failed attempt